

# PALM APPAREL SIZE CHART

## PFDs

	Youth		XS		XS/S		S/M		M/L		L/XL		XL/XXL		XXL	
<b>Chest</b>	26-34"	66-86cm	31-34"	79-86cm	30-36"	75-90cm	34-40"	86-102cm	36-43"	90-110cm	40-46"	102-117cm	43-53"	110-135cm	46-53"	117-135cm
<b>Weight</b>	66-88lbs	30-40kg	66-88lbs	30-40kg	66-132lbs	30-60kg	88-132lbs	40-60kg	>154lbs	>70kg	>154lbs	>70kg	>154lbs	>70kg	>154lbs	>70kg

## Men's Jackets, Pants and Immersion Suits

	XS		S		M		L		XL		XXL	
<b>Chest</b>	32-34"	81-86cm	35-38"	91-97cm	39-41"	99-104cm	42-44"	107-112cm	45-46"	114-117cm	47-48"	119-122cm
<b>Waist</b>	26-29"	66-74cm	30-32"	76-82cm	33-35"	84-89cm	36-38"	91-97cm	39-40"	99-102cm	41-42"	104-107cm
<b>Inside Leg</b>	28"	71cm	29"	74cm	30"	79cm	32"	79cm	33"	81cm	34"	83cm
<b>UK</b>	32		34		36-38		40-42		44		46	
<b>Europe</b>	42		44		46-48		50-52		54		56	

## Women's Jackets, Pants and Immersion Suits

	XS		S		M		L		XL	
<b>Bust</b>	32-33"	81-84cm	34-35"	86-89cm	36-37"	92-94cm	38-40"	97-102cm	40-42"	102-107cm
<b>Waist</b>	24-25"	61-64cm	26-28"	66-71cm	28-30"	71-76cm	31-33"	76-81cm	33-35"	84-89cm
<b>Hips</b>	34-35"	86-89cm	36-37"	92-94cm	38-39"	97-99cm	40-41"	104-107cm	42-43"	107-110cm
<b>Inside Leg</b>	26"	71cm	27-29"	69-74cm	29-31"	74-79cm	31-33"	81cm	32-34"	82-87cm
<b>UK</b>	8		8-10		10-12		12-14		14-16	
<b>Europe</b>	36		38-40		40-42		42-44		46-48	

## Men's Wetsuits

	XS		S		S/M		M		M/L		L		XL		XXL	
<b>Height</b>	5'2"-5'3"	158-160cm	5'4"-5'6"	160-168cm	5'6"-5'8"	168-173cm	5'8"	173cm	5'9"	175cm	5'10"	178cm	6'-6'2"	183-188cm	6'2"-6'4"	188-193cm
<b>Chest</b>	32-34"	81-86cm	34-36"	86-91cm	36-38"	91-97cm	38-40"	97-102cm	40-42"	102-107cm	42-44"	107-112cm	44-46"	112-117cm	46-48"	117-122cm
<b>Waist</b>	26-27"	66-69cm	27-29"	69-74cm	29-31"	74-79cm	31-32"	79-81cm	32-33"	81-84cm	33-35"	84-89cm	35-37"	89-94cm	37-39"	94-99cm
<b>UK</b>	32		34		34-36		36-38		38-40		40-42		44		46	
<b>Europe</b>	42		44		44-46		46-48		48-50		50-52		54		56	

## Women's Wetsuits

	8		10		12		14		16	
<b>Height</b>	5'-5'2"	152-157cm	5'2"-5'4"	157-163cm	5'4"-5'6"	163-168cm	5'6"-5'7"	168-170"	5'7"-5'8"	170-173cm
<b>Chest</b>	32-33"	81-84cm	34-35"	86-89cm	36-37"	92-94cm	38-40"	97-102"	40-42"	102-107cm
<b>Waist</b>	24-26"	61-66cm	26-28"	66-71cm	28-30"	71-76cm	31-33"	79-84"	33-35"	84-89cm
<b>Hips</b>	34-35"	87-89cm	36-37"	92-94cm	38-39"	97-99cm	40-41"	102-105"	42-43"	107-110cm
<b>Europe</b>	36		38		40		42		44	

## Junior Wetsuits

	S (5-6yrs)		M (7-8yrs)		L (9-10yrs)		XL (11-12yrs)		XXL (13-14yrs)	
<b>Height</b>	4'	122cm	4'4"	132cm	4'8"	142cm	5'	152cm	5'4"	162cm
<b>Chest</b>	24"	61cm	26"	66cm	28"	71cm	30"	76cm	32"	81cm
<b>Waist</b>	19"	48cm	21"	53cm	23"	58cm	25"	63cm	27"	68cm
<b>Inside Leg</b>	18"	46cm	21"	53cm	24"	61cm	27"	68cm	27"	68cm

## Footwear

	XS	S	M	L	XL	XXL
<b>UK</b>	4	5 / 6	7 / 8	9 / 10	11 / 12	13
<b>US</b>	5	6 / 7	8 / 9	10 / 11	12 / 13	14
<b>Europe</b>	36	38 / 39	40 / 42	43 / 44	46 / 47	48

All measurements refer to body size, not garment dimensions.